



NSKA Schedule of Classes – Effective August 23, 2010

STUDENT CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4 to 5 years of age	3:45-4:30				3:45-4:30		
4 to 6 years of age			5:15 - 6:00			8:30-9:15	
6 years of age	4:30-5:15				4:30-5:15		
7 to 8 years of age (all)	5:15 - 6:00		6:00 - 6:45		5:15 - 6:00	9:15-10:00	
7 to 12 years of age White thru Purple Red thru Brown Jr. Black & Invitation		4:30 - 5:15 5:15 - 6:00 6:00 - 6:45		4:30 - 5:15 5:15 - 6:00 6:00 - 6:45			
9 to 12 years of age (all)	6:00 - 6:45		4:30 - 5:15		6:00 - 6:45	10:00-10:45	
Junior Sparring					6:45-7:30		
Teenagers 13 to 18 years of age	6:45 - 7:45		6:45 - 7:45				
Adults (all)	11:30 - 12:30 am 7:45 - 8:45		11:30 - 12:30 am 7:45 - 8:45		7:30-8:30	10:45-11:45	
Adult Brown & Black Adult Sparring Adult White & Green		6:45 - 7:45 7:45 - 8:45		7:00-8:00 8:00-8:45			